

# JACKSON BLUE NEWS

a monthly newsletter for the families of the USS Henry M. Jackson (Blue)

AUGUST, 1999

VOLUME 48, ISSUE 6

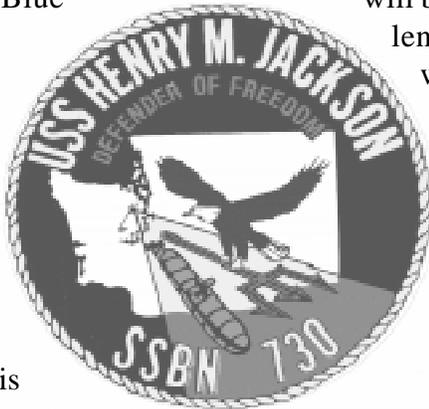
## COMMAND CALL

The Jackson has returned victorious! Once again, the Jackson Blue was sent to sea to perform her vital mission of deterrence. This time, however, our deterrent mission was not to just hide in the ocean and wait to launch missiles. This time we were sent out to prove to the world powers (who **were** watching!), beyond a shadow of doubt, that a twenty-year-old missile system could still deliver a powerful punch. We were sent to perform an exercise called a *Follow-On Commander-in-Chief Evaluation Test*. Our task was to travel to the Atlantic Ocean, via the Panama Canal, and launch four test missiles. In the grand Jackson Blue style, the mission was completed with amazing success! You should be very proud of your husbands for all they accomplished this patrol. Please accept my heart-felt congratulations and thanks for your accomplishments and your

sacrifice in carrying out this important work. Next patrol will bring new challenges and more ways for the

Jackson Blue to prove that we are still the Battle "E" Crew! Until then, enjoy the summer!

LT William Frey  
Weapons Officer



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## PRE-DEPLOYMENT NIGHT

THURSDAY, AUGUST 19<sup>TH</sup>

6:00 PM

BRIGGS AUDITORIUM

CHILDCARE

AND REFRESHMENTS

PROVIDED

The next patrol is just around the corner, so it's time for us all to get together and prepare for deployment. This meeting will be your chance to learn the official ship's schedule and to have the Command address any questions or concerns that you may have.

We are in the process of adding new services that will make it easier for you to remain in contact with your husband while on patrol. Details will be given out at the meeting and in the next newsletter.

The information you will receive at pre-deployment night will be invaluable to you for this patrol. Please make every effort possible to attend.

## Some Things To Consider While Preparing For Deployment

### Do You Know . . .

Is your phone number and address current with the Command?

Are you on the phone tree?

Is the power-of-attorney current?

Do you both have a will?

Where are the legal papers kept?

Does your ID card expire during patrol?

Do you have any dependents that will need an ID card during patrol?

Is the base sticker on your car current?

How can you isolate the utilities (water/electricity) in an emergency?

Where are your auto repairs done?

When does the apartment/house lease expire?

Are you on the waiting list for housing? Do you have the necessary power-of-attorney's to accept quarters, as well as ship and receive household goods? Have you both been to the housing seminar?

What arrangements have been made for you to access adequate funds while your husband is deployed?

When are the bills due and how

much are they?

Where will you go for help if you find yourself in financial trouble during deployment?

Are all the dependents enrolled in DEERS?

Do you drive? If not, have you made the necessary arrangements to get groceries and go to appointments?

Are you expecting orders?

## Upcoming Events At A Glance

### August 2<sup>nd</sup>

Wives Support Group  
Planning Meeting  
6:00 pm – 9:00 pm  
Olympic Haus

### August 19<sup>th</sup>

Pre-deployment Night  
6:00 PM  
Briggs Auditorium

### August 25<sup>th</sup>

Command Picnic  
11:00 am – 7:30 pm  
Camp McKean

### JACKSON CONTACTS COMMAND

USS HENRY M. JACKSON (SSBN 730) (Blue)  
Naval Submarine Base Bangor  
Silverdale, WA 98315-5000

[http://www.csg9.navy.mil/html/ssbn\\_730.ssi](http://www.csg9.navy.mil/html/ssbn_730.ssi)

Off-Crew Office (360) 396-6289  
Control (boat) (360) 396-4873  
Fax (360) 396-7142  
Email [jackblue@nsb.bangor.mil](mailto:jackblue@nsb.bangor.mil)

### OMBUDSMEN

Ombudsman Rayna Beck (360) 697-5436  
Email [rbeck@telebyte.net](mailto:rbeck@telebyte.net)  
Ombudsman Nita Lopez (360) 895-5366  
Email [lmhrwh@harbornet.com](mailto:lmhrwh@harbornet.com)  
Ombudsman Camille Matthews (360) 535-7271  
Email [matthews@tscnet.com](mailto:matthews@tscnet.com)

Hours: Daily 7 am - 9 pm for routine calls and questions  
24 hours a day for emergencies

### COMMITTEE CHAIRS

Sunshine Line Mary Ellen Rupert (360) 769-8516

You're Invited  
To  
The Annual  
USS HENRY M. JACKSON (Blue)  
Command Picnic

Wednesday, August 25  
11:00 am - 7:30 pm  
at  
Camp McKean

Food and drinks provided

A dessert contest will be held, so you are all encouraged to bring your favorite.

There will be a lot of fun activities to participate in including boating, swimming, fishing and special fun for the kids.

**Directions**

Take Hwy 3 to Kitsap Way  
Turn away from Bremerton off the exit  
Continue along Kitsap Way  
Turn Left on W. Kitsap Lake Road.  
Go about 1/2 mile to Camp McKean on the left

# Ombudsman's Letter

## Let Me Introduce Myself . . .

*Hi, my name is Camille Matthews and I will be serving as one of your ombudsmen.*

*I have been married to my husband, James, for nearly 15 years. We met while he was going through prototype in Idaho Falls and I was in there for summer break. We have two beautiful children; a daughter, Janna, who is entering junior high this year, and a son, Travis, who will be in the fourth grade.*

*James and I have spent most of his career stationed aboard fast-attack submarines, so the boomer life is new to us. I think that the biggest adjustment for me has been riding the bus to meet the boat.*

*I grew up not far from here in a small town in Eastern Washington. I enjoy a wide variety of activities – from boxing to computers, gardening, crafts and cooking.*

*I look forward to meeting each of you and being able to assist you with anything you may need. One goal I have as your ombudsman is to provide you with the best information available and get it to you in a timely manner.*

*Please feel free to call me if you have any questions, concerns or would just like to talk. I can be reached at (360) 535-7271 or via email at [matthews@tscnet.com](mailto:matthews@tscnet.com).*

*Thanks in advance for your time and I wish you all a wonderful summer.*

*Sincerely,*

*Camille Matthews*



## Phone Tree Callers



If you're interested in becoming a phone tree caller, please call Nita at 895-5366 or email her at [lmhrwh@harboret.com](mailto:lmhrwh@harboret.com).

### ***Hail and Farewell***

*The Jackson crew and families welcome . . .*

Robert and Patricia Curran  
Thomas and Lori Fitzgerald  
David and Katherine Kaiser  
John and Susan Peterson  
Bruce and Michelle Wallin

*Welcome the new recruits . . .*

Tevin and Sierra Humphrey

*Best wishes and a fond farewell . . .*

Lisa and Eric Burch  
Jess and Justine McKellar  
Dave and Karie Nelson  
Jeff and Debbie Wolfram



## MEETING

## Wives Support Group Planning Meeting

August 2<sup>nd</sup>

6 pm - 9 pm

Olympic Haus

Planning for next patrol

Fund raising ideas

Kids welcome

Bring your ideas

Plan to meet someone new

**Directions to the  
Wives Support Group  
Planning Meeting  
at  
Olympic Haus**

Come through Trigger Gate on Bangor

Take a left at the 2<sup>nd</sup> light - Thresher Ave.

Follow Thresher down through the 4-way stop and the construction.

The Olympic Haus will be on the right hand side of the road.

## Results Are In: Secret Pals Was A Success

**G**eneral consensus among the participants of the last patrol's Secret Pals experience was a big thumbs up! People had a great time with this activity and thoroughly enjoyed meeting someone new and being good-heartedly sneaky. The cards, gifts and kind thoughts sent by the anonymous participants to each other were truly appreciated during a long patrol. So, with that in mind, let's try to do it again during the next patrol.

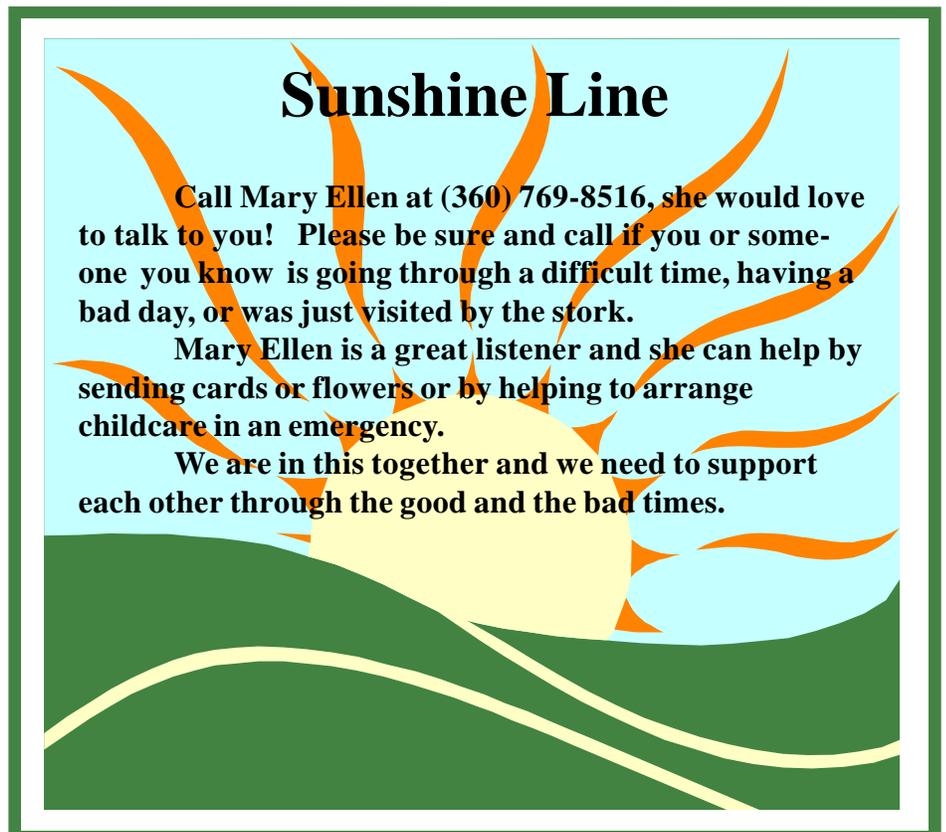
Check back next month for all of the details for the upcoming patrol's Secret Pals program.

## Sunshine Line

**Call Mary Ellen at (360) 769-8516, she would love to talk to you! Please be sure and call if you or someone you know is going through a difficult time, having a bad day, or was just visited by the stork.**

**Mary Ellen is a great listener and she can help by sending cards or flowers or by helping to arrange childcare in an emergency.**

**We are in this together and we need to support each other through the good and the bad times.**





Official Website for the MWR Complex, Bangor  
[www.bangormwr.navy.mil](http://www.bangormwr.navy.mil)

For Monthly MWR Highlights  
[www.tridenttides.com](http://www.tridenttides.com)

**Summer FREE matinees**

Cinema Plus Theater offers free matinees every Wednesday, Thursday and Friday in addition to the traditional Saturday matinee. The doors and snack bar open one hour before the 1 p.m. showings.

Military Community Appreciation Night at the Movies is every Tuesday. Admission is free to all eligible patrons.

Coca Cola Family Nights are every Wednesday when the whole family can get in for the 7 p.m. showing for just \$1. So in your summer plans include the Cinema Plus Theater at a price everyone can afford!

For movie information call the movie hotline at 535-5923.

**West Sound Sports**

Register now for the Co-Ed Softball and Flag Football intramural leagues at Bangor's Gear Issue, Bldg. 2300 or Concourse West, NS Bremerton. Both leagues begin in August. All West Sound sport leagues are open to active duty, DOD civilians and contractors, reservists, retired military and dependents 18 years and older attached to Bangor, Bremerton and Keyport.

**New Child Development Center**

The Youth and Children's Services Division is preparing for the opening of their new Child Development Center behind the Health Department in Jackson Park. Children from 6 weeks to 5-years-old may enroll in the new facility. Eligibility includes: single military, dual military, active duty military with a spouse who is working or is a full time student, retired military and DOD civilian. Stop by and complete a waiting list application at Jackson Park's Child Development Center, Naval Station Bremerton's Little Mates CDC, or Bangor's Child Development Center.

**Traditional Sunday Brunch**

Feast on unlimited trips through the fabulous buffet offering breakfast delights and assorted hot entrees, salads, fruits and desserts served Sundays in the Trident Ballroom from 10 am - 2 pm. Priced at \$8.95 for Adults; \$7.95 Active Duty/Seniors; children's prices available. Call 535-5928 for reservations.

Note: There will be no Sunday Brunch August 1<sup>st</sup> due to a scheduled power outage. See page 9 for details.

**Sounds of the Century Concerts in the Park**

The music mix that helped define this century will be presented at a series of weekly concerts on alternating Friday afternoons at Bangor and Bremerton from 4 to 6 pm.

Bangor, July 30

Big Band & Swing

Bremerton, August 6th

Birth of Rock and Roll

Bangor, August 13th

Seventies Classic Rock

Bangor, August 20th

Awesome Eighties Living Large

Bremerton, August 27th

More Awesome Eighties

Bangor, September 3rd

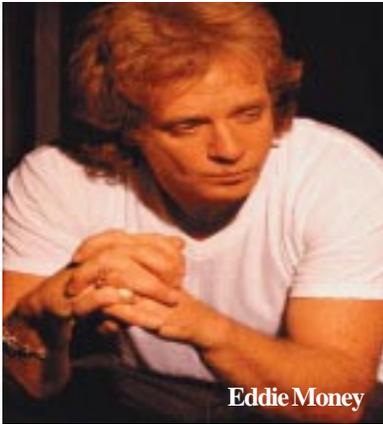
Rounding out the Century in the Nineties

Bremerton, September 10th

End of the Century FY00 Party

Bring your blanket, lounge out and enjoy the best in live entertainment. Food and beverages will be available at all concerts.

For a complete concert schedule, call your Fleet Recreation office at 535-7000, ext. 5230 or 476-2673, or West Sound Catering at 535-5928.



Eddie Money

**Eddie Money - Live in Concert  
at Naval Station Bremerton with special  
guest the Funky Divas**

Friday, August 13  
Naval Station Bremerton - Parade Field  
Concert 6:15 pm, Gates open at 4 pm  
Tickets \$10/\$15 at the show  
Tickets are available through local base  
ticket offices or through TicketMaster at  
(206) 628-0888.

**Oscar's Grill now open**

Oscar's American Grill is now open  
seven days a week and features the  
famous Kitsap burger and other  
traditional grill delights. You can get  
breakfast M - Fri starting at 6:30 a.m.  
Oscars in Bldg. 2720 near the Trident  
Ballroom. For more information call 535-  
5917, ext. 2.

**Taco Bell and Pizza Hut**

Pizza and tacos will soon be the main  
items on the menu at Olympic Lanes. Re-  
opening soon, Olympic Lanes is  
undergoing change. The most notice-  
able change is that the snack bar will be  
a Taco Bell/Pizza Hut. You will be able to  
get all your favorites right here on  
Bangor.

**Olympic Lanes**

The Bowling Center has also undergone  
a renovation including new synthetic  
Brunswick lanes making Olympic Lanes  
on par with the pros. The new AMF  
Automatic Scorekeepers will keep  
everybody straight when it comes to  
scoring. Watch for the reopening  
coming soon!

**Free to Active Duty, Retirees and Dependents**

**Gym/Weights  
535-5942**

Mon-Thu - 5 am-10 pm  
Fri - 5 am-9 pm  
Sat - 8 am-9 pm  
Sun - 10 am-6 pm  
Hol - 10 am-5 pm

**Active Duty Only**

Mon-Fri - 11 am-1 pm

Classes offered include aerobics,  
Cardio Kick-boxing, Full-figured  
Fitness, Super Cycle, Family  
Fitness Hour, Silver-fox Fitness,  
Six Pack & Powerpump and  
yoga.

**Swimming Pool/Aquatic  
535-5941**

**Open Swim**

Mon-Thu - 1 pm - 5 pm  
7:20 pm - 9 pm  
Fri - 1 pm - 9 pm  
Sat - 10 am - 7 pm  
Sun/Hol - noon - 5 pm

**Adult Lap Swim**

Mon-Fri - 5:30 am - 9 pm  
Sat - 9 am - 7 pm

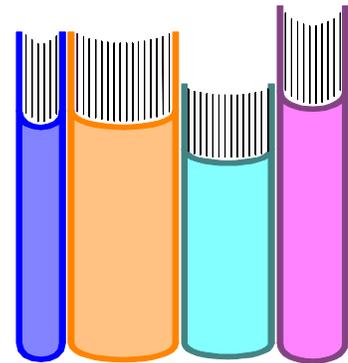
Children lap swim during open swim  
hours.

**Community Resource Center  
535-8918**

Be sure to visit the updated Bangor  
Community Resource Center. The  
Center is a recreational library and so  
much more. The shelves are filled with  
over 21,000 volumes of reading and  
reference material . . . plus a selection of  
audio books, videos and music. A vast  
new selection of new books for both  
children and adults is now on the  
shelves.

The Center offers a media resource area  
complete with computer workstations,  
laser printers and a wide-range of  
software. There are TV/VCR viewing  
areas, SONY/SEGA playing stations, as  
well as quiet reading areas and meeting  
rooms available for use.

In addition to the fax service and  
copying machine currently available,  
internet access will soon be available in  
the Resource Center for a small fee. Call  
535-8918 for details.



**Just for Children**

Storytime is a program for pre-schooler  
children held from 11:00 - 11:40 on  
Thursdays at the Community Resource  
Center. Stories unfold through the use  
of puppets, music, felt board and other  
visuals. For more information call 535-  
8918.

## 8 MORALE, WELFARE, RECREATION (MWR)

# City Limits

**Bldg. 1006; 535-5915**

City Limits offers activities for toddlers to teens. City Limits is open for youth ages 5-18 (still in high school) for air-hockey, basketball or to just relax with friends. The gym is open for open gym activities as well as scheduled classes. The youth sports program also uses the center for organized sports leagues. Roller-skating is available 6-8 pm on Friday and 1-3 pm on Saturday for the whole family.

Mon-Thu	2 pm-8 pm
Fri	2 pm-11 pm
Sat	noon-11 pm
Sat Family Time	4 pm-8 pm
Sun/Hol	Closed

### Summer Craze Trips

Summer Craze is here! Throughout the summer, City Limits will be offering trips 1-3 times a week. Trips include going to Wild Waves Water Park, Horseback Riding, Point Defiance Zoo and much more. All Summer Craze Trips are open to ages 5-18 unless otherwise noted. Trips are 9 am to 4 pm Pre-registration and pre-payment is required. Permission forms are required for all trips.

Space is currently available for the following trips:

- July 30 - Seattle Underground and Pike Place Market
- Aug 9 - Woodland Park Zoo

### Ballet, Tap & Jazz

Classes are offered for ages 3-10 in tap, jazz and ballet. Prices and times vary depending on the age. Discounts are available for multiple children in the same family. Adult classes also available.

### Teen Time

Fri/Sat 8-11 pm  
Time set aside at City Limits just for youth in grades 7-12.

### Mini Sports Camps

West Sound Youth Activities is offering a variety of one-day Mini Sport Camps throughout the summer for youth ages 6-12 years. Each mini camp will feature a different sports theme and activity. Camps are held on Wednesdays from 11 am to 3 pm at City Limits. Cost is \$5 per child per camp. Please pre-register.



### Shotokan Karate

Classes are held on Tuesdays and Thursdays from 5:30 pm -7 pm at City Limits. The class is for 8 years through adults (younger with instructor's permission). New students can take one FREE TRIAL class to determine interest.



**535-5919**

Mon - 8 am-5 pm  
Tue-Thu - 10 am-5pm  
Fri - 9 am-5 pm  
Sat - 8 am-3 pm  
Sun - Closed

### Mountain Bike Madness

Ages 13 and up can trek the Mountain Bike trails every Wednesday evening through October. All trips are FREE. Bring your own bike or call Pacific Edge Outfitters for rental information. All trips at 4:30 pm. Beginner skills are taught the first Wednesday of every month. Helmets are required on all trips. Most trips are geared for beginners in good shape and better riders. (No registration required.)

Aug 4 - Beg Skills at Bangor Trails  
Aug 11 - Call for specifics  
Aug 18 - Call for specifics  
Aug 25 - Call for specifics  
Sep 1 - Beg Skills at Bangor Trails

### Save BIG equipment rental!

PEO provides great savings on your camping gear, camping trailers, and lawn & garden rentals. We have top of the line gear. Everyday low prices are 20% less than prices off-base. Pay no taxes and no deposit is required to rent gear.

PEO's trailers make great bedrooms for visiting relatives. PEO has all the information on vehicle requirements and trailer availability. Splitting firewood will go faster using a PEO chainsaw and log splitter. If you're planning a party, remember . . . PEO has tables, chairs, canopy pop up tents, and tow behind BBQ grills.

Reservations for all rental equipment must be made in person.



**Leisure Skills Outreach 535-5933**

Leisure Skills Outreach is a program to teach new leisure skills at the beginner level, as well as provide additional opportunities to improve those new skills and gain confidence in them.

Located in Bldg 2700 Tue - 2 pm-7 pm  
Fri - noon-4 pm

*All Classes are held in Classroom D, Bldg. 2700 unless otherwise noted*

**Basket Weaving Class**

6 to 10 pm, July 16 and September 24.  
Fee \$17 (\$15 w/military ID) plus supply cost paid to the instructor.

5 to 9 p.m., August 30/31 or September 27/28, Keyport's Woodworkers Class.  
Cost: \$37 (\$35 w/mil ID)

**Calligraphy**

6:30 to 8 p.m., August 16, 18, 20, 23, 25 and 27/September 13, 15, 17, 20, 22, and 24. Cost: \$56 (\$50 w/mil ID)

**One Stroke Painting**

7 to 9 p.m., August 5 (Iris), 19 (rose), or September 23 (sunflower). Cost: \$23 (\$20 w/mil ID)

**Ladies Woodworking (Beginning)**

5 to 9 p.m., August 23/24, September 13/14 at the Keyport Woodworkers Shop.  
Cost: \$28 (\$25 w/mil ID)

**Time Out Baby**

9 a.m. to noon, August 18. Cost: \$10 (\$8 w/mil ID)

**Beginning Knitting**

9 a.m. to noon, August 5/6, or September 16/17. Cost: \$12 (\$10 w/mil ID)

**Creative Memories**

6 to 9 p.m., August 2 or September 10 (9 a.m. to noon). Cost: \$12 (\$10 w/mil ID)

**Reminder Album**

10 a.m. to 1 p.m., August 9, September 17 or 20, 5 to 8 p.m. Cost: \$12 (\$10 w/mil ID)

**Jewelry Box (Woodworking)**

5 to 9 p.m., August 16/17, September 20/21 at the Keyport Woodworkers Shop.  
Cost: \$22 (\$20 w/mil ID)

**Crochet Class**

August 12/13 (6 to 9 p.m.), September 23/24 (6 to 9 p.m.). Cost: \$12 (\$10 w/mil ID)

**Intermediate Men's Woodworking**

**Pre-Winter Inspection**

5 to 7 p.m., September 16 at Mechanics Corner. Cost: \$1.

**Pottery**

9 a.m. to noon, August 9, 11, 13 and 16; September 13, 15, 17 and 20. Cost: \$44 (\$40 w/mil ID)

Pottery wheels are available for use and ceramic firing is available at 10 cents an inch.



**BASE NEWS**

**Hunting Season**

By Capt. Carl Albury, SUBASE CO  
Since 1996, SUBASE has seen a dramatic decline in the deer population within base boundaries. . . . In order to allow the deer population to recover, deer hunting season will be closed on the base this year. This is being done in conjunction with medical measures that help to reduce the mortality rate of infected deer and the spread of the parasite.

**SUBASE  
Scheduled Power Outage  
August 1**

Facilities on emergency feeders will be powered by SUBASE emergency generators. An effort will be made to direct available excess generating capacity to Community Center area activities (CMO, NEX, Commissary) and housing.

Currently, the only facilities that are scheduled to be closed to the outage are the Sunday brunch at the Trident Ballroom and Oscar's Grill.

**Residents of NSB Bangor**

*A temporary power outage is scheduled for 1 August, 1999 from 6:00 am to 5:00 pm in order for Bonneville to perform some necessary maintenance.*

*Everything possible is being done to ease the effect this outage will have on Military Family Housing residents. Emergency generator power will be provided where possible. Please remember that this power is limited and will be cut if generators appear to be overloaded.*

*In order to minimize any possible inconvenience as a result of this outage, it is recommended that residents unplug VCR's, TV's computers or other sensitive electronic equipment that may be damaged by a power surge.*

*Thank you for your patience and cooperation during this important project. If you have any questions, please contact the Housing Office at 396-6249.*

*Susan Dabell  
Housing Director*

# FSC Announcements For August

*Notice: Family Service Center hours are 0700-1700, M,Tu,Wed, and Fri.  
The Career Center is also open Th evenings from 1700-2000.*

**For information or to register, call:**

**NSB Bangor**  
(360) 396-4115; (800) 562-3301

**PSNS/Jackson Park**  
(360) 476-5113; (800) 634-4100

### **1. TRANSITION ASSISTANCE PROGRAM (TAP) SEMINAR**

2-6 Aug 99, 0730-1600. First day of the seminar begins with check-in at 0730. During this 5-day seminar, participants will learn job strategies and be given information about veteran's benefits, personal financial management, disability benefits, personal property, travel, and more. Attendees should be within 6 months of separating. Those personnel who are requesting early separation should attend upon submission of request. Spouses are encouraged to attend. Contact your Command Career Counselor to register.

### **2. EMPLOYMENT ASSISTANCE PROGRAM (EAP)/VOLUNTEER ORIENTATION**

4, 11, 18, or 25 Aug 99, 1300-1530. Please attend only one of the workshop dates. Workshop includes information on local employment programs, resources, and opportunities. Learn how volunteering relates to employment and where you can volunteer.

### **3. BASIC BUDGETING**

5 Aug 99, 1730-1930. Participants will gain valuable insight into ways to create a realistic budget. Topics will include things you need to know, but were never taught, to build financial success!

### **4. INTRODUCTION TO BIOFEEDBACK**

5, 12, 19, and 26 Aug 99, 1615-1745. Provides information on how the body is reacting to stress. It is useful in treating headaches, muscle tension problems, high blood pressure, and anxiety.

### **5. ANGER MANAGEMENT/FAMILY ASSISTANCE**

10 and 17 Aug 99, 0800-Noon. Anger Management helps participants recognize situations which spark anger, helps them recognize anger cues, plus introduces strategies to better manage their anger and to resolve conflict.

### **6. HOW TO BECOME A MILLIONAIRE ON A MILITARY PAYCHECK**

12 Aug 99, 1800-2000. The size of your paycheck does not determine if you can become a millionaire or not. The information you learn during this workshop can set you up financially—for life. This is an unbiased source of financial education that is only there to give information to those ambitious enough to come to learn it.

### **7. JOBS IN KITSAP COUNTY**

17 Aug 99, 1300-1500. This class will cover current jobs and career opportunities available in Kitsap County.

### **8. COMMAND FINANCIAL SPECIALIST (CFS) COURSE**

23-27 Aug 99, 0800-1600.

**Prerequisite for course: E6 or above or by Command direction.** The CFS course is one component of the Navy Personal Financial Management Program (PFM). The CFS course offers Navy commands the training required for this collateral duty.

### **9. CAR BUYING STRATEGIES**

26 Aug 99, 1800-2000. Get smart about the essential strategies for getting a fair deal when buying a car. Information provided will include pricing, trade-ins, and loans. Arm yourself with the facts before visiting the dealers.

### **10. CHECKING ACCOUNT MANAGEMENT**

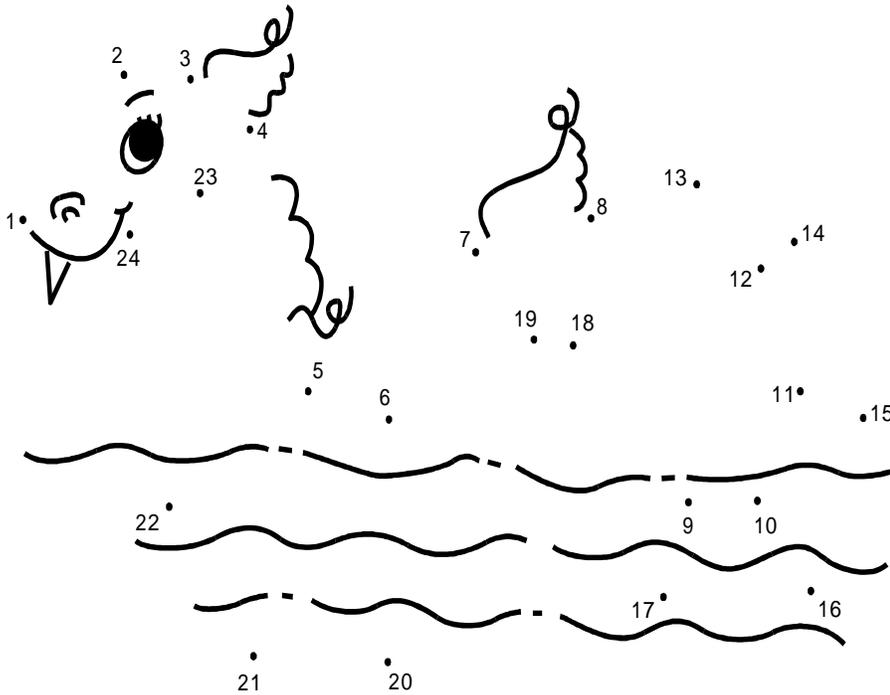
26 Aug 99, 1800-2000. Learn the financial rules and regulations we must abide by and the best ways to track all of your own and your financial institution's transactions.

### **11. SMOOTH MOVE**

26 Aug 99, 1300-1600. This workshop is designed to assist inexperienced as well as experienced military members and spouses with an upcoming PCS move.

# Kids' Corner

## Dot-To-Dot



## Word Search

S	W	B	R	T	Y	H	B	P	K	L	H	N	V	B
U	G	L	B	K	I	O	U	O	Y	R	T	E	E	Q
M	D	T	F	Q	A	T	Q	P	O	R	H	A	J	F
M	A	A	F	S	S	A	S	S	Y	K	C	C	R	G
E	F	G	D	R	U	Y	U	O	P	H	S	O	G	R
R	V	F	H	K	Y	N	E	T	E	W	Q	N	J	H
S	F	A	N	S	A	Q	G	S	H	I	O	C	F	S
H	S	H	C	D	H	R	F	L	T	U	L	E	K	E
R	Y	A	I	O	E	T	W	W	A	T	E	R	J	L
Q	W	T	D	S	A	N	D	O	J	S	Y	T	F	C
H	J	S	W	I	M	M	I	N	G	U	S	S	E	I
G	W	R	Y	T	Q	W	E	D	R	Y	I	E	Y	S
I	C	E	C	R	E	A	M	L	F	R	Y	W	S	P
O	Y	Q	S	L	N	F	D	G	H	I	Y	R	U	O
F	U	N	I	N	T	H	E	S	U	N	W	Y	O	P

- |           |        |            |                |
|-----------|--------|------------|----------------|
| ice cream | summer | concerts   | fun in the sun |
| tag       | BBQS   | sunglasses | hot            |
| popsicles | water  | swimming   | sand           |
| beaches   | books  | fan        |                |

## Just-4-Fun

### 'FLUBBER'

-SOLUTION A  
 1 1/2 c WARM WATER  
 2 c ELMERS GLUE  
 FOOD COLORING

-SOLUTION B  
 4 t BORAX  
 1 1/3 c WARM WATER

Mix solution A in one bowl, mix solution B in another bowl. Dissolve both well. Then just pour solution A into solution B, **DO NOT MIX OR STIR!** Just lift out 'flubber'.

It's neater than "Gak" or "slime". And it also a safe chemical reaction for the kids to see. You can use a glass bowl for solution B so you can see the flubber form in the bowl. It just becomes a big "cloud" of rubbery stuff. Store in baggies. Recipe can be cut in half.

### Best Bubble Solution

1c Water  
 2T Light Karo syrup OR  
 2T Glycerin  
 4T Dishwashing liquid

**DIRECTIONS:** Mix together and have fun!